

## PARENT'S PLAN FOR COVID-19

The purpose of this plan is to provide information about how I plan to protect our child(ren) when in my possession. Information is important, even when we have different plans for how to deal with these circumstances.

When our children are in my possession, I commit to the following guidelines:

**Playdates & Social Interaction:** We will not have in-person playdates during this time. Instead, I will facilitate interaction with our child(ren)'s friends electronically.



**Outings:** I will not allow our children to leave the premises of our home for as long as we are ordered to shelter in place, except if medically necessary or as otherwise permitted (e.g., exercise, bicycle ride).



## Sanitation: (check all that apply)

- I have reviewed healthy handwashing guidelines with our child(ren) and confirmed that they understand them.
- I have hand sanitizer readily available for our child(ren) for use when we come into contact with others.
- I am ensuring that objects commonly touched (e.g., door knobs, remotes, devices) around our home are sanitized with Lysol and/or disinfecting wipes.



## Structure, Routine & School Work: (check all that apply)

- I will provide the resources necessary for our children to participate in remote education.
- I will ensure that our children get physical exercise every day.
- I will ensure that our children go to bed at an age appropriate time: \_\_\_\_\_.
- I will ensure that devices used by our children have age-appropriate screening capabilities.
- I will ensure that our children wake up on “school days” at a regular time: \_\_\_\_\_.

**OR**

- I do not have resources available for remote education, and would prefer that our child(ren) stay with you or another family member during the “school day” so those resources will be available.

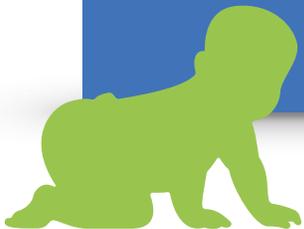




### Supervision: (check all that apply)

- I am planning to stay home with the children during the day and will be able to supervise them.
- I am planning to work from home during the time our children should be doing school work. I will be able to supervise them during the day, though I will have limited ability to interact with them.
- I am planning to be home part of the day to be available to our children, and believe they are old enough to care for themselves the rest of the time.
- Our children are old enough to stay home by themselves, and take responsibility for their own schoolwork. They do not need supervision.

**Possession:** I will follow our possession order during this shelter-in-place period, as I understand that exchanging the children for periods of possession per the court's directive is considered an "essential activity."





## **Illness:**

If a child becomes ill with COVID-19 (or similar symptoms) while in my possession, I will notify you immediately.

If I become ill with COVID-19 (or similar symptoms), I will notify you immediately.

If another member of my household becomes ill with COVID-19 (or similar symptoms), I will notify you immediately.

### **In addition, in the event of illness, I plan to do the following: (check all that apply)**

- If a child becomes ill with COVID-19 (or similar symptoms) during my periods of possession, I am willing and able to stay home with them during my periods of possession.
- If a child becomes ill with COVID-19 (or similar symptoms) during my periods of possession, I would appreciate it if you could care for them during my periods of possession. If not, I will make other age-appropriate arrangements for them.
  
- If a child becomes with COVID-19 (or similar symptoms) ill while in your possession, I am available to care for our child during your periods of possession if you so desire.
- If a child becomes ill with COVID-19 (or similar symptoms) while in your possession, I will agree that they should stay in your care until they are better or confirmed not to have COVID-19. I would appreciate electronic access during this time.

***Continued on the next page...***

## Illness: (continued from the previous page)

- If I become ill with COVID-19 (or similar symptoms), and am physically able to care for our children, I will plan to continue having our children according to our possession schedule.
- If I become ill with COVID-19 (or similar symptoms), even if I am physically able to care for our children, I would appreciate it if you could care for our children until I am better and/or confirmed not to have COVID-19. I would appreciate electronic access to our children during this time.
- If another member of my household becomes ill with COVID-19 symptoms, and our children are with you, I would prefer that they stay with you until the member of my household is better or confirmed not to have COVID-19.



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