

Wouldn't it be wonderful if we could promote
healthy conflict resolution in our families and communities
without unnecessary destruction?



CONFLICT MATTERS

Presentations

By Jennifer S. Hargrave

As a family law attorney specializing in divorce, Jennifer Hargrave has years of experience in navigating and resolving conflict. Her passion for studying and resolving conflict is guided by her mission to minimize the destruction on our families and communities caused by conflict. Jennifer is passionate about finding creative methods that allow our families and communities to pursue healthy conflict resolution as opposed to harmful conflict escalation.

Presentation Topics

The following presentations can be configured to fit a 30 minute overview, a 60 minute overview with Q&A, a 90 minute deeper dive, or a multi-session workshop.

Family Conflict Matters

Marriages and family relationships don't fail because they have conflict. Conflict is inevitable. It is unresolved conflict that so often kills a relationship. When handled in a healthy manner, conflict can result in healthy discussion and growth. Conflict can lead to change that is transformative.

In this presentation, Jennifer will explore conflict in familial relationships, the workplace, and communities. She will give effective "interest based" negotiation skills for helping us resolve conflict.

1. The causes of conflict: Why can't we all just get along?
2. Effective models of conflict resolution: How do we get through to each other?
3. Tools for engaging "the other side" in conflict resolution: Where's the common ground?
4. What to do if conflict resolution fails: What do we do now?

Minimizing the Effect of Divorce in our Community

Divorce has a significant impact on our communities – our extended families, schools, churches, neighborhoods, and our overall social structure. In this presentation, Jennifer Hargrave will lead the group through an exploration of the reasons why divorces occur in our society today, and what those reasons tell us about the place of marriage in our current culture. Based on her years of experience as a divorce attorney, Jennifer will also discuss why some divorces are so traumatic for a family. Lastly and most importantly, she will also give practical information to guide communities in supporting families who are transitioning through the divorce process with the goal of helping them avoid the traumatic and lasting effects of a divorce that spirals into a destructive battle where no one wins.



How to Divorce Proof your Marriage

In this presentation, Jennifer Hargrave will share her unique perspective both as a divorce attorney and an active member of the community. Jennifer will discuss why couples end up getting divorced and what you can do to help insulate your own marriage from divorce. She will give practical tools to help with conflict resolution, communication, compromise and prioritization. The goal is to bolster and strengthen your marriage with sensible methods you can use to keep your marriage on solid ground as you navigate through life as a couple.

What is your Identity?

We live in a world that affixes labels to us from the moment we are born – gender, sexual orientation, family birth order, obedience, professionalism, career choice, marital status, parenting status. Some of these labels are labels we put on ourselves; other are labels given to us. Losing a label, for example when a marriage fails, can be a struggle. The good news is that our identity is not the labels we wear. Our identity lies within. We can break through these labels, and grow into the person we were created to be.



About Jennifer Stanton Hargrave

Jennifer Stanton Hargrave is an experienced family trial attorney and is especially skilled at helping clients construct creative settlement agreements. Jennifer knows in family law, there are battles that need to be fought, yet every divorce does not need to end in warfare.

Since 1995 Jennifer has been advocating for others by practicing law; she began her law career at a litigation firm, followed by several years as in-house counsel to a corporation in the financial services industry. In 2006, she left the financial services industry to begin her career in family law and dedicate herself to assisting families in times of transition. Jennifer resides in Dallas, Texas with her husband and three children. She was raised as the daughter of an Episcopal clergyman, and grew up living in California, Iowa, Vermont and Texas. She is active in her church and community.

Jennifer is Board Certified in Family Law by the Texas Board of Legal Specialists, the Dallas Bar Family Law Section and the Collaborative Law Institute of Texas. She is frequently recognized by her peers as a respected family law attorney, having been named one of the Top 50 Women Lawyers in Texas, by Super Lawyers, Best Lawyers by U.S. News & World Report, D Magazine's Best Lawyers, and many more.

Jennifer offers her speaking engagements as part of her commitment to helping families in North Texas.

To learn more about scheduling Jennifer Hargrave to speak to your group, contact her through her Executive Director, Skye MacLaren, at skye@jhfamilylaw.com.